



COCHIPIANEE

SUMMER DAY CAMP

2026

PARENT

HANDBOOK

Thank you for choosing Camp Coch Summer Camp!

Please feel free to reach out anytime to ask questions, offer feedback, or for any reason. We want all campers as well as parents, caregivers, and families to feel welcome and enjoy their experience. We look forward to spending some time with you all this summer.

Camp Coch Summer Camp provides programming for Pre-K to 6th graders. Our groups are limited to 20 campers and divided into; Pre-k, K-1, 2-3, 3-4, 5-6. We have a Jr. CIT program for those campers that are going into 7th grade in the fall to 13 years old. Our Jr. CIT's are assigned to one group for the entire week. They help walk campers around Camp to each station, participate in stations, and are a vital part of our staff. Our CIT's are 14 - 17 years old and carry more responsibility with assisting Counselors, mentoring Jr. CIT's and guiding campers through the day. Counselors plan each week with fun, engaging activities, projects, games, and more. These are 18+ staff that work with all campers and staff and are here all 6 weeks. Our Lifeguards are certified and must be 16+. These amazing staffers keep our campers safe in and around the water. They review water safety rules and administer a swim test each week to determine the safest area for each camper in the water. They have a great responsibility and are up for the task each day.

Erin - Camp Director - best contact is cell 860-601-6089 - call or text - please know that phone calls/texts will be answered as soon as possible. Our days are very busy at Camp and we do our best to be available as soon as possible to chat. While our staff are amazing at what they do, please direct inquiries about the camp day, issues that arise, or other administrative discussions to Erin or our office staff.

Financial aid available from these organizations. Please reach out to Erin for information.

Goshen families



Litchfield families



Other towns in NW CT



CAMP COCHIPIANEE SUMMER DAY CAMP

IMPORTANT INFORMATION

Location

291 Beach St, Goshen, CT 06756

Time

June 29 - Aug 7 - Monday - Friday

Pre K Morning - 9am - 11:45pm

Pre K Afternoon - 12:15pm - 3:00pm

K - 6 - 9am - 3:00pm

Extended Camp- early drop off 8:30am

Late pick up 4:00pm

Fees

Pre K half day - resident \$118 - nonresident \$148

K-6 full day - resident \$235 - nonresident \$295

AM Extended - resident \$20 - nonresident \$25

PM Extended - resident \$39 - nonresident \$49

ESY half day afternoon - resident \$141 - nonresident \$177

Contact

Cell: 860-601-6089 (USE THIS
DURING CAMP HOURS)

Town Hall Office: 860-491-2249

Camp Lodge: 860-491-3367

Email: parkandrec@goshenct.gov

**Payment
Deadline**

June 19, 2026

Register at GoshenRec.com

A DAY AT CAMP COCH

Each day your camper will rotate through a variety of activities.

Sports: Outdoor sports are a big part of camp. There are a variety of camp games played, as well as traditional sports.

Wilderness: Wilderness is a section of the day where campers explore the environment. Activities include; hikes, plant identification, searching for animal activity, and general wilderness skills. This is where we get our hands dirty and learn to appreciate the great outdoors.

Arts & Crafts: Camp arts and crafts are always a favorite. We will have weekly projects that your camper works on each day and ones that they can finish and bring home the same day. Campers will have a choice of items to tie dye, included in camp fees.

My Time: We offer a section called My Time. This is a time that campers can choose their own activity. They can read, write a story, do crafts, play board games, or have some quiet time. Cell phones or technology will not be used during this time. Please leave devices home.

Waterfront: There will be daily visits to the water, sometimes twice! Your camper can choose to play on the beach or enjoy the water. Lifeguards conduct a swim test each week to determine where each camper can safely navigate the water. No swimmies or floatation devices. Kayaking is also available to those in the older 3rd -6th grade groups as an alternative at the discretion of the Lifeguard staff, usually once a week. Life vests are provided for the kayakers.

Special: Once a week, there will be a special presenter. Depending on the time of the special, one or more of the regularly scheduled activities may be skipped. The specials are fun, educational additions to our camp program. Tuesday's the Ice Cream truck comes in the afternoon before pick up. This is included in the camp tuition. Parents are welcome to come at 2:45 to get ice cream too, at their own expense. Pizza Fridays are included in the camp tuition as well. We will have pizza for lunch on Friday, delivered by Goshen Pizza. Cheese is the only topping offered. Each camper can have 2 slices. If your camper would like something other than pizza, please provide a lunch on Fridays. If your camper has dietary restrictions noted on their health form, we will make every effort to provide a modification to the pizza for them. Your camper is also welcome to bring additional toppings for their pizza.

Pre K: Pre K has it's own area filled with fun, educational, and entertaining things to do. They will often join the "big kids" during waterfront, arts & crafts, special presentations and other activities that are appropriate. PM Pre K also gets pizza and ice cream.

DROP-OFF & PICKUP PROCEDURES

Rules:

- Everyone who picks up a child MUST be on the child's pick-up authorization form and show their driver's license everyday.
- Parents/guardians are asked to drop their camper off with their group and not linger. This helps everyone's transition to the camp day easier. Those dropping off cannot walk their camper past the picnic tables.

Morning Check In

Director:

Camp Director Erin and Office Staff can be found at the drop-off area, or in the office. If you would like to speak with one of us and we are not outside, please let staff know and we will be happy to meet with you. Morning drop-off is a busy time for us, so please be patient while we make our way to you. You can also reach us on the phone or by text 860-601-6089

Counselors:

Counselors will greet you at the picnic tables in the drop-off area. As you arrive, campers will be checked-in and guided to their group meeting area where other staff will be waiting for them to bring them down to the gathering area in the back of the Lodge. Once all campers have arrived, morning announcements will take place and our camp day will begin. Please make every effort to be on time each morning so that we can begin our day on time.

CITs

CITs will be helping campers to get to their group meeting spot.

Jr. CITs

Jr. CIT's are with their camper group all day.

Pick Up

Campers will end their day in the field behind the Lodge with their Counselors, CITs, and Jr. CIT's. Campers will be dismissed by Erin and Office Staff, who will radio to each group when a camper is ready to be picked up. Please be prepared to present your ID and let them know which camper(s) you are picking up. The end of day can be hectic as well, please be patient with the check out process as we want to be sure all campers get home safely. Please let the office know of any changes to pick up as soon as possible so that our list will be accurate. Any camper that is signed up for extended camp will be dismissed through staff. Please note if you do not pick up your camper within 15 minutes of the end of day, we will call the first listed pick up adult, then begin to call the rest of the people listed as your camper's emergency contacts.

CAMP POLICIES

Attire:

Campers will be involved in a wide variety of activities including; running, swimming, water games, arts & crafts, and hiking. Sneakers/closed toe shoes are required. Please send a towel and bathing suit everyday. It is helpful if campers wear their bathing suit under their clothes. There will be an opportunity to change before heading home for the day. An extra change of clothes may be a good idea too. Remember that your child will be carrying their backpacks with them all day, so less may be more. Please label all personal belongings. We are not responsible for lost, stolen, or damaged items. Any item that is brought to camp that is deemed unsafe or inappropriate will be held by the Camp Director and returned to the parent/guardian at the end of the day. No technology or weapons will be allowed. These items will be secured in the office and returned to an adult at pick up.

REFUNDS:

Please note persons canceling two weeks prior to the start of the session will receive a 50% credit. No credit will be issued after the start of the program. Refunds are only issued for legitimate medical reasons with proper documentation provided in a timely manner.

Behavior Expectations:

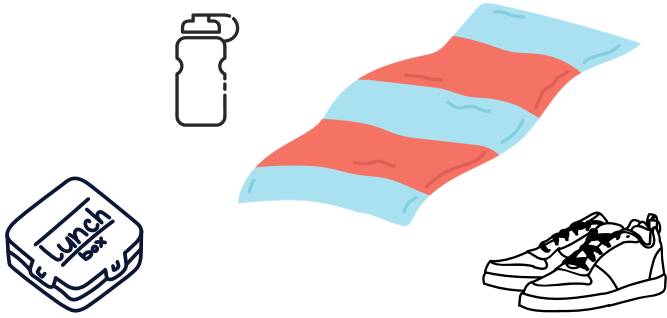
In order to provide all campers and staff with a camp experience that is safe and enjoyable, please review the behavior expectations with your camper. It is important for parents and campers to understand these expectations. Please notify Director if your camper has a behavior plan at school.

- 1. Speak kindly to each other. Foul language, harassment, and bullying will not be tolerated.**
- 2. All camp sports equipment and property should be handled with care and respect.**
- 3. Be respectful of staff and fellow campers. Treat people as you would like to be treated.**
- 4. No running and shouting while indoors.**
- 5. Aggressive or threatening behavior will not be permitted at Camp.**
- 6. Follow directions from camp staff. This helps everyone stay safe.**
- 7. Bring a positive attitude and have fun!**

Technology

Camp offers a chance to get in to nature, turn off the screens, get dirty hands, explore, and be a kid. Our goal is to get kids out and moving, using their minds, hands, and working together to complete tasks, play games, create art, enjoy nature, and make new friends. PLEASE leave technology home! Cell phones are not allowed. Goshen Recreation is not responsible for lost, stolen, broken, or otherwise compromised technology.

CAMP COCH BASICS



1

WHAT TO BRING TO CAMP?

- Sneakers
- Packed lunch and snack with camper's name
- Water bottle
- Bathing suit (wear under clothes)
- Towel

Please put your camper's name on everything they bring to camp

2

LUNCH & SNACKS

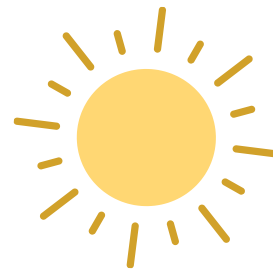
We encourage you to send your campers with a healthy lunch, extra snacks, and water daily. Please label all lunches and juice containers. On extra hot days, please make an effort to pack extra fruit, veggies, and juices.

3

RAINY DAY PROCEDURES

Goshen storms tend to pack a wallop. If a storm looks like it will become dangerous during the course of the day, Erin and Sara will make a decision by 6:30am whether to cancel Camp. Since our camp is mostly outside, we want to make sure that every camper and staff member is safe. We try our best to not cancel, but the weather is out of our control!

You will be notified via email, text, and/or phone call. *It will also be announced on WZBG. There are no refunds for weather days.*



4

ILLNESS OR INJURY



If your child is sick, please keep him/her home. Please report any communicable diseases promptly, i.e. Covid-19, Chicken pox, Head Lice, Pink eye, etc. to the Director. If your child becomes ill or injured while at Camp, we will attempt to contact the parent/guardian first, then the list of emergency contacts. If a life-threatening or serious incident occurs that is out of the skill level of camp staff, EMS will be contacted immediately, followed by parent/guardian/emergency contact.

5

MEDICATION/SUNSCREEN

Staff can not administer medication or apply sunscreen to campers. Inhalers and Epi-pens will be held in the office. All inhalers and epi-pens must have a medication form from the camper's doctor. Campers are allowed to apply their own sunscreen with parent permission. Sunscreen application form is available during registration.

Bullying & Sexual Harassment

As of February 1, 2003 all Connecticut schools are required to have anti-bullying policies. Bullying is defined by the Connecticut General Assembly in Public Act 02-119 as " any overt acts by a student or a group of students directed against another student with the intent to ridicule, humiliate or intimidate the other student while on school grounds or at a school- sponsored activity which acts are repeated against the same student overtime."

These repeated, intentionally hurtful acts might include:

- **physical violence and attacks**
- **verbal taunts, name calling which might include ethnically-based or gender-based put downs**
- **threats and intimidation**
- **extortion or stealing of money or possessions**
- **exclusion from peer groups**

While we are not required by law to have anti-bullying policies at Camp Coch Summer Day Camp, we have zero tolerance for bullying behavior!

All bullying will be addressed by Administrative staff, discussed with all Camp staff involved, discussed with all campers involved, and parents will be contacted. Incident will be documented.

***First offense will be addressed with an in-house discussion with all parties and discussion with parents, either via phone call or at pick up. Incident will be documented.**

***Second offense will be addressed with an in-house discussion and immediate pick up of the camper from Camp Coch Summer Day Camp by parent or emergency contact. Incident will be documented and signed by parent.**

***Third offense will be addressed with an in-house discussion and immediate pick up of the camper from Camp Coch Summer Day Camp by a parent, or emergency contact, and that camper will be expelled from camp for the rest of the season. Incident will be documented and signed by parent or adult picking up.**

***Physical altercations will result in immediate dismissal from camp. Camper return will be on a case by case basis, with discussion and agreements between**

Administration, staff, campers, and parents. Incident will be documented and signed by parents and campers.

There will be no refunds for campers expelled due to a bullying matter.

**Town of Goshen
Recreation Department**

42NorthStreet, Goshen CT 06756

Cell 860-601-6089 Camp 860-491-3367 Fax 860-491-6028

Dear Parent or Guardian of _____:
The purpose of this communication is to inform you that we on the camp staff are presently experiencing some problems with _____. We would greatly appreciate your cooperation in working with us to try to take corrective measures to eliminate these problems. The attitudes and habits listed below are important elements that are currently hindering the success and fun of our summer day camp program. Furthermore, they must be corrected in order for your child to develop to his/her maximum potential.

Please review the items below with your child.

AREAS OF CONCERN

- | | |
|-------------------------------|--|
| ___ Refusing to participate | ___ Destroying property |
| ___ Throwing items | ___ Talking without permission |
| ___ Being disruptive | ___ Using inappropriate language |
| ___ Teasing or bullying | ___ Refusing to follow directions |
| ___ Leaving assigned area | ___ Making inappropriate gestures |
| ___ Using physical aggression | ___ Bringing inappropriate items to camp |

If you have any questions, you may contact us at camp at 860-601-6089. If you would like a conference, please contact Erin or Sara to make an appointment.

Sincerely,

Erin Reilly
Recreation Director

Director signature: _____ DATE: _____

Parent signature: _____ DATE: _____